

Mark Mathew Braunstein

www.MarkBraunstein.Org

Public Speaking

updated June 2026

Recent RADIO & VIDEO talks on this page accessible online as of 2026

VIDEO – in reverse chronological order

2024 – *Power of the Plant*: 8-min author interview: www.youtube.com/watch?v=Bm3aWLMbEkk

2023 – *Let's Be Blunt with Montel Williams*, 50-minute author interview

- <https://letsbebluntmontel.com/episodes/health-tips-for-canna-consumption-mark-braunstein>
- Instagram 3-minute reel excerpt at: <https://www.instagram.com/reel/DKHWmATgx8g>

2022 – *Health Tips for Cannabis Smokers*: 9-minute slideshow: <https://youtu.be/EaRsUCKC31g>

2020 – *Final Thoughts*: 57-minute author interview: <https://youtu.be/7mbOWfdToJo>

2019 – *Vegetarianism in Art*: 28-minute slideshow: <https://youtu.be/NTclsqvDSGM>

2017 – *Good Girls on Bad Drugs*: 9-minute slideshow: <https://youtu.be/gTie2oKFfC4>

2017 – *Medical Marijuana*: 56-minute talk: <https://youtu.be/K56taXgOlRE>

2017 – *Good Girls on Bad Drugs*: 54-minute author interview: https://youtu.be/_2_KTYhuNgA

2014 – *Wall Street Journal*: 3-minute video accompanying its news article about

medical marijuana in CT, profiling solely me: <https://youtu.be/2Zp1DoxodW0>

RADIO & PODCASTS – in reverse chronological order

2026 – *Here's to Your Health*: 29-min interview, June 3-10, Episode 571:

<https://herestoyourhealthwithjoshlane.com/portfolio-item/mark-mathew-braunstein-author-radical-vegetarianism-sprout-garden-microgreen-garden/>

<https://herestoyourhealth.libsyn.com/website/ep-571-heres-to-your-health-wed-10-jun-26>

YouTube: <https://youtu.be/TEkD6RN85v8?si=sj330DpvjKmWNuUA&t=1104>

Spotify: <https://open.spotify.com/episode/43A9dUD8cmmv47V76RW7bB?si=M9Z9iljuTD2s8wryEY1wMw>

SoundCloud: <https://soundcloud.com/user-791971736/htyh-571-jun-8-to-14-2026>

2026 – *Here's to Your Health*: 24-min interview, January 11, Episode 550:

<https://herestoyourhealth.libsyn.com/website/ep-550-heres-to-your-health-wed-14-jan-26>

www.thetransformationnetwork.com/ttrevelution/episode/guests-jolie-root-mark-mathew-braunstein-39060/

YouTube: <https://youtu.be/wETPfDWKHqc?si=4R2JMAgQaAeMBZbK&t=1589>

Spotify: <https://open.spotify.com/episode/794cgGsHr5TIKgbZpiAlBd>

2024 – *Here's to Your Health*: 16-min interview, January 3, Episode 444:

<https://herestoyourhealth.libsyn.com/website/ep-444-heres-to-your-health-wed-3-jan-24>

2023 – *Here's to Your Health*: 18-min interview, March 14, radio & Spreaker podcasts:

<https://herestoyourhealthwithjoshlane.com/portfolio-item/mark-mathew-braunstein-author-radical-vegetarianism/>

2022 – *Cannabis Health Radio Podcast*: <http://cannabishealthradio.com/podcast/episode-360-a-tragic-diving-accident-left-him-a-paraplegic>

2022 – *Here's to Your Health*: 16-min interview, December 27, radio & Spreaker podcasts:

<https://herestoyourhealthwithjoshlane.com/portfolio-item/mark-mathew-braunstein-author-mindful-marijuana-smoking-health-tips-for-cannabis-smokers/>

2017 – *Forensic Talk*, 1-hour author interview posted to *YouTube*: <https://youtu.be/CN5lbk7cgyk>

RADIO & PODCASTS – continued from previous page

- © 2017 – *Wayne Norman Show*, WILI-FM, Willimantic, CT, 1-hour author interview, scroll to October 27, 2017: www.wili-am.com/wp_bows.htm
- © 2017 – *Here's to Your Health*, KCAA-FM Los Angeles, <http://podcasts.kcaastreaming.com/josh/#>
 - about medical marijuana, scroll to March 20, 2017, minutes 17-34
 - about my book *Radical Vegetarianism*, scroll to Feb 27, 2017, minutes 45-57
- © 2017 – *Vegan World Radio*, KPFT Austin, TX, 1-hour author interview about *Radical Vegetarianism*, scroll to Tuesday Feb 28, 2017, 8-9pm: <http://archive.kpft.org>
- © 2016 – *Beyond 50 Radio*, 35-minute author interview, podcast posted to YouTube: <https://youtu.be/tXWWSPBgOvQ>
- © 2013 & 2012 – *The Victoria Moran Podcast*,
 - October 9, 2013, my segment begins at 11:11: <https://music.amazon.es/podcasts/46fa481c-9eb4-4455-9afa-d78d73803e38/episodes/eb23e6e5-c56f-4881-8e86-087d301e075c/the-victoria-moran-podcast-meetings-with-remarkable-women-microgreens-and-other-wonders-with-mark-mathew-braunstein>
 - August 8, 2012, my segment begins at 43:30: <https://music.amazon.com/podcasts/46fa481c-9eb4-4455-9afa-d78d73803e38/episodes/042177b5-9802-43b0-b4bd-ca7db15487c4/the-victoria-moran-podcast-meetings-with-remarkable-women-mark-braunstein-author-of-radical-vegetarianism>

Additional TALK SHOWS & NEWS BROADCASTS –

Unlike for the previous listing, these are not accessible online

© *FM radio in-studio or phone interviews:*

Allan Colmes show, WPIX, NYC; Buddy Cianci show, WHJJ, Providence; Time for a Change show, WBAI-FM, NYC; Wayne Pacelle show, WPKT-FM, Bridgeport, CT; WESU-FM, Middletown, CT; Lewis Harrison show, WIOX-FM, upstate NY; Nilon Report, WSRQ, Sarasota, FL; Lee Elci Show, FOX News Now, 94.9-FM, Ledyard, CT, three times, Jan 2018, Feb 2021 & July 2022; & *many more*

© *Network TV:*

CT evening news interviews about medical marijuana, more than 10 times on NBC, ABC, CBS, Fox, my own compilation at: <https://youtu.be/cji9DMe7t0o>

© *Cable TV:*

nationally-syndicated “Animal Rights”; CT-based “Environmental Forum”; CT-based “Side Bar”; *and more* (VHS videotape recordings available for all)

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CONFERENCES

- ☉ XpoCanna, 2nd annual (2023) & 3rd (2024) and 4th (2025), Connecticut Cannabis Expo, <https://xpocann.com/event/connecticut-cannabis-expo>
- ☉ Hempstock, 1st annual in 2021, 2nd annual in 2022, <https://hempstockct.com/festival-archive>
- ☉ Compassionfest, 5th annual in 2019, 4th annual in 2018, www.compassionfest.net/content/demos-and-workshops
- ☉ Whole Life Expos, Boston & NYC, 1983 & 1984 & 1985 & 1986
- ☉ Vegan Summerfests, North American Vegetarian Society (NAVS) 5-day-long conferences, most years 1981-95, then only 2011, 2019 & 2024 <https://summerfest.navs-online.org>
- ☉ New England vegetarian conferences, single day events, CT 1994 & RI 1996
- ☉ Animal Rights National Conference, 1981 & 1982 & 1983 www.arconference.org
- ☉ International Compassionate Living Festival, Raleigh, NC (research for my slideshow lecture was funded by a grant from the Culture and Animals Foundation), 1992
- ☉ Animals as Food, Providence, RI, 1998
- ☉ Medicinal Marijuana Symposia, Brown University, Providence, RI, 2003 & 2004
- ☉ National Clinical Conference on Cannabis Therapeutics, 6th biannual, Warwick, RI, 2010 www.markbraunstein.org/medical-marijuana (scroll down to 11th article)

GRASSROOTS GROUPS TALKS advocating animal rights, wildlife conservation, and vegan vegetarianism

☉ NYC, mostly Manhattan, NY (more than 20X), Chicago, IL (2X), Boston, MA (3X), Providence, RI (more than 8X), Long Island, NY (2X), Hartford, CT (4X), New Haven, CT; New London, CT; Willimantic, CT; Storrs, CT (6X), Colchester, CT (2X), Fairfield, CT (2X), Philadelphia, PA; Columbia, SC; St. Louis, MO; Montreal, Canada

COLLEGE CAMPUS TALKS as guest lecturer advocating animal rights, wildlife conservation, vegan vegetarianism, and medical marijuana

- ☉ Yale University, New Haven, CT
- ☉ New York University (NYU), Manhattan, NYC
- ☉ Brown University, Providence, RI (4 times)
- ☉ Rhode Island School of Design (RISD), Providence (3 times)
- ☉ University of Connecticut (U-Conn), Storrs (2 times)

COLLEGE CAMPUS TALKS – continued from previous page

- ⊙ Trinity College, Hartford, CT
- ⊙ University of Rhode Island, Kingston (2 times)
- ⊙ North Carolina State University, Raleigh
- ⊙ Binghamton University, NY
- ⊙ Connecticut College, New London, CT (more than 20 times)
- ⊙ Western Connecticut State University at Danbury
- ⊙ Wesleyan University, Middletown, CT (3 times)
- ⊙ University of Hartford, CT

STATE of CONNECTICUT LEGISLATIVE Judiciary Committee public hearings & accompanying press conferences: 1997, 2001, 2003 & 2004 & 2005 & 2007 & 2011, among the MANY newspaper articles & transcriptions, these few are still online:

- ⊙ 2007 *NY Times* article: www.nytimes.com/2007/06/11/nyregion/11marijuana.html
- ⊙ 2011 testimony video at: <http://youtu.be/ELmKbYsBM38>

PHOTOSHOP COURSES & WORKSHOPS - www.markbraunstein.org/bibliographies

- ⊙ Visual Resources Association (VRA) annual conferences, St. Louis 2002, Miami 2005, Toronto 2009, Providence 2013
- ⊙ Connecticut College workshops, most semesters 2002-13
- ⊙ Stonington (CT) Continuing Education, full courses, Spring 2007 to Summer 2009
- ⊙ also single-day workshops at arts centers, Mystic Museum of Art, CT; Willimantic CT

GROWING MICROGREENS & SPROUTS WORKSHOPS

- ⊙ Microgreens: Mystic Garden Club, 2019
- ⊙ Microgreens: 4th Annual Compassionfest, 2018
<http://www.compassionfest.net/content/demos-and-workshops>
- ⊙ Microgreens: Connecticut College Arboretum, spring 2011 & fall 2011
- ⊙ Microgreens to 70 participants: Vegetarian Summerfest, summer 2011
- ⊙ Microgreens, 2010-18, at my home (4X) and many local venues, including CT Vegetarian & Healthy Living Festival, Fiddleheads Food Coop, Colchester Vegetarian Society, New London Viva Vegetarian Society
- ⊙ Sprouting workshops 1989-2007, too many to list